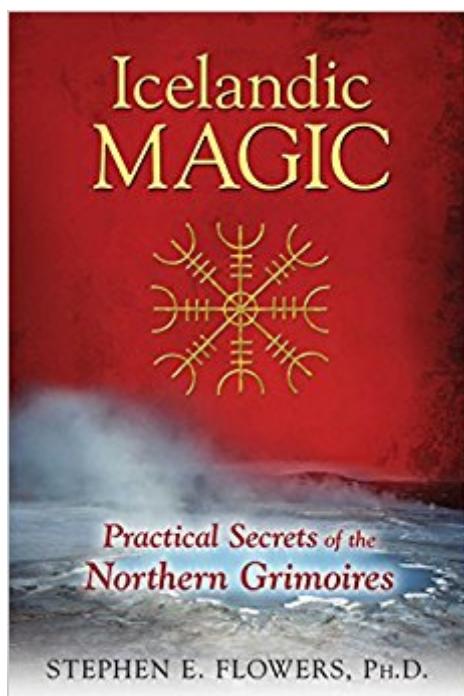


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# Icelandic Magic: Practical Secrets Of The Northern Grimoires



## Synopsis

A practical guide to the magical systems of pre-Christian Iceland Æcâ ¬Âc Reveals spells and workings drawn directly from surviving magical books from the 16th to 20th century preserved at the National Library in ReykjavÃfÂ-k Æcâ ¬Âc Explores the history of magic in Iceland through original translations of Icelandic folktales about famous magicians and about legendary grimoires, such as the GaldrabÃfÂ-k, the oldest and most complete book of its kind Æcâ ¬Âc Explains how to personalize the spells through the creation of unique signs and symbols based on the mythic names of Odin and Icelandic magical alphabets During the Christianization of Europe in the Middle Ages, many books of magic were lost as the ancient pagan traditions were suppressed. But in Iceland the practice of recording magical spells in books continued in secret for centuries, on a scale not seen elsewhere. Now housed in the National Library in ReykjavÃfÂ-k, these surviving grimoires, which represent only a hundredth of what was lost, reveal a rich magical tradition that continued to evolve into the 20th century. Drawing directly from the actual surviving Icelandic books of magic, Stephen Flowers presents a complete system of magic based on Icelandic lore and magical practices from the 16th century onward. He explores the history of magic in Iceland in pagan and early Christian times and reveals specific practical techniques and ritual templates that readers can adapt to their unique purposes. Illustrating traditional Icelandic magical practices and the IcelandersÆcâ ¬â„c attitudes toward them, he shares original translations of Icelandic folktales about famous magicians, such as the legend of Gray-Skin, and about legendary grimoires, such as the GaldrabÃfÂ-k, the oldest and most complete book of its kind. After initiating the reader into the grammar and symbols of Icelandic magic through history and lore, Flowers then presents an extensive catalog of actual spells and magical workings from the historical Icelandic books of magic. These examples provide ready-made forms for practical experimentation as well as an exemplary guide on how to create signs and symbols for more personalized magical work. The author also includes guidance on creating unique magical signs from the 100 mythic names of Odin, which he translates and interprets magically, and from Icelandic magical alphabets, symbols that connect Icelandic magic to the ancient runic tradition.

## Book Information

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## Customer Reviews

“Through a thorough survey of the history and theory of Icelandic magic, Flowers is able to present a system that can be worked by modern-day magicians. Wellsourced and practical, this book will appeal both to those interested in historical matters and those seeking a guide to practice in the modern day. This book is sure to become a classic and is an example for everyone who wishes to adapt ancient ways for the modern age.” (Ceisiwr Serith, author of *A Book of Pagan Prayer and Deep Ancestors: Practicing the Religion of the*) “In many ways Icelandic Magic is as awe-inspiring and mysterious as the Icelandic landscape itself. Full of fascinating accounts of Iceland’s magical history and grimoires, this book offers pragmatic instructions to resurrect this magic and tap into its power, yet there is a creative aspect that will inherently force the practitioner to union with their own inner sage. Flowers guides us safely through the ancient secrets of Icelandic magic into our own ‘circuit boards of consciousness,’ which we learn may be rewired through systematically formed staves aligned with our will.” (Sera Timms, musician, visual artist, priestess, and lead vocalist of Black Mare) “Icelandic Magic is a modern classic of Northern sorcery. Stephen Flowers’ galdor-stave system exposes the frosty roots of sigil-working, revealing a magic available to anyone possessing pen, paper, and a hunger for transformation.” (Clint Marsh, author of *The Mentalist Handbook*) “Stephen Flowers offers readers a comprehensive and erudite guide to the runes, staves, and other elements of Icelandic magic. This book opens the secret lore of Icelandic magicians for today’s readers.” (Dan Harms, librarian at SUNY Cortland Memorial Library, editor of *The Long-Lost Friend: A 19th Century Icelandic Manuscript*) “In his latest work, Stephen E. Flowers pours forth his inspiration again. On the basis of sound, academic research, he provides a good basis for the praxis of Icelandic magic. The most important aspect of his teaching is that he defines the attitude and preparation necessary to become a sorcerer in the old tradition. A book by a

magician, for magicians. (Christopher Alan Smith, author of Icelandic Magic: Aims, Tools and Techniques of the Icelandic Sorce) Icelandic Magic is an exciting new expansion that goes far beyond Flowers' previous Galdrabók. Much more than a presentation of historical grimoire material, Flowers goes on to identify the key components of the techniques and show readers how to construct their own workings in a traditional manner. Icelandic Magic explores both the inner and outer nature of galdror, and of magic in general, to give the reader the tools for gaining knowledge, wisdom, and self-transformation. (Alice Karlsdóttir, author of Norse Goddess Magic) Icelandic Magic is the latest title by an author who has been an important voice in the Asatru and wider pagan community for decades. Stephen Flowers, also known as Edred Thorsson, is a legitimate scholar earning his Ph.D. in Germanic Languages and Medieval Studies . . . While this book will appeal to people interested in the magical arts, I would also recommend it to people who are interested in Icelandic culture, more broadly in indigenous Germanic belief, and to those interested in human anthropology and world religions. (Mythology Magazine, Carolyn Emerick, February 2016)"Those unfamiliar with Flowers' work will be glad to know he has a wonderfully breathable writing style, easily drawing one into the meat of the text without bogging them down with unnecessary digressions or superfluous language. Don't let the slenderness of this volume deter you. Like in most of his works, Flowers packs each page with scholarly tidbits, simultaneously teaching both history and occultism with clarity and ease. A must-have for any fan of Norse spiritual traditions, occult history or sigil magic." (The Witches' Almanac, March 2016)

Stephen E. Flowers, Ph.D., received his doctorate in Germanic languages and medieval studies from the University of Texas at Austin and studied the history of occultism at the University of Göttingen, Germany. The author of more than 24 books, including Lords of the Left-Hand Path, he is the director of the Woodharrow Institute for Germanic and Runic Studies. He lives near Austin, Texas.

As usual, Dr. Flowers delivers a solid book. Explained thoroughly in language which is neither too academic nor too casual.

Very interesting book, with plenty of info of Norse practices including some very useful sigil!

AAAA++

Complete system of magic updated for our age.

This book is So wonderfully Informative! The detailed history and the magic both what has been developed historically and the instruction in how to create your own. A delight, Awesome!

Just received the book today - it looks pretty great - can't wait to use some of the stuff in it.

it wasn't exactly what we were looking for, but very informative

Interesting read, and glad to see this history was not lost as many ancient traditions, languages, and magic have been. The book is more than just a how-to book, it tells you the history of it all, and how the magic evolved over time and the influences upon the evolution of it.

Great book to add to anyone's library that is into this stuff

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